

Safeguarding News



What do I need to Know?

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Hello

Welcome to the first edition of the CLF Safeguarding Newsletter of the year.

We decided to leave sending this first edition a little later than usual as we are aware that staff have already received a lot of information through the annual safeguarding training, completing the new Nimble Safeguarding Course and reading Keeping Children Safe in Education 2018.

CLF Safeguarding Policy

There is a brand new Safeguarding Policy which all of the Federation academies have received. This should be with you very soon if you have not already had it sent to you. You will be required to read this and sign to say that you have understood it. The policy has been updated to reflect the changes in Keeping Children Safe in Education 2018.

A 24 hour helpline from **Health Assured** to support you through any of life's issues or problems

Employee Assistance Programme



We don't know when you might need us. That's why we're here **24 hours a day**.

Legal Counselling Consumer Family
Financial Medical Work Stress

Call us in strictest Confidence on

0800 030 5182

✓ Emotional support ✓ Medical factsheets
✓ Personal coaching ✓ Fitness advice
✓ Health assessment ✓ Stress assessment

Download the Health e-Hub now



To find out more visit
www.healthassured.co.uk
Username: cabot Password: learning



Employee Assistance Programme

The CLF are now working closely with the specialist EAP provider, Health Assured, to offer a confidential well-being support service to all colleagues.

What is an EAP?

• A service to help you deal with personal and professional problems that could be affecting your home or work life, health and general well-being.

The services you will be able to access are:

- 24/7 telephone helpline: via this Freephone helpline, you can access 'in the moment' support from qualified counsellors as well as professional advice regarding financial, legal and domestic matters.
- Structured counselling: where longer term counselling is required, you can access up to six structured sessions per issue each year. Counselling can be accessed face-to-face, via phone, live chat or email.
- Health e-Hub app and online portal: you will be able to access an extensive library of resources, which include videos, guides and webinars on a range of health and wellbeing topics.

The contact number for this can found on the picture above

Mental Health

All academies in the CLF record safeguarding concerns through CPOMS. This has allowed us to look at data across the all academies and recognise federation wide concerns. Last year saw an increase in Mental Health related incidents being recorded especially for our year 11 students and those students struggling to cope with bereavement.

I have listed some resources below that you can signpost students to if you have concerns but **always** remember to talk to your DSL and record concerns on CPOMS.

Grief Support App

The Grief Support charity have also created an app aimed at 11 - 25 years old, available on both iOS and android. The app has information about bereavement, grief, feelings and how to help. There are stories from people affected, including short films written and made by bereaved young people. The app is also useful for friends, teachers, parents and professionals who would like to know how to support bereaved young people.

Grief: Support for Young People (Google Play/Android)

<https://play.google.com/store/apps/details?id=bereavementsupport.childbereavementuk.com.griefsupport>

Grief: Support for Young People (iOS app)

<https://itunes.apple.com/gb/app/grief-support-for-young-people/id883195199>

Winston's Wish

Another useful source of support and information around bereavement is Winston's Wish. A useful summary of their support for children experiencing loss is here: www.winstonswish.org/wp-content/uploads/2017/12/ww-0112-guideforpar.pdf



LGBTQ

The CLF now have an LGBTQ working group. We aim to meet once every term and are already preparing for our third meeting. We have set up an office 360 working group and are setting up a resource centre within this to store and share materials/lesson plans/ posters etc. across the federation. If anyone has materials or would like to become a member of this group especially staff from primary academies, please contact ;

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Gang Culture

Children as young as eight are being caught up in gangs in Bristol, according to the city's deputy mayor. It follows a recent escalation of gang-related violence in London which has seen more than 70 murder investigations.



We are aware that younger students are being targeted by gangs and some as young as eight, nine and ten are getting caught up in this lifestyle.

For the gangs, children are considered useful foot soldiers as they are cheap, easily controlled and with the added benefit of often being able to operate under the police's radar.

The age of criminal responsibility in England and Wales is 10 years old, which means children under 10 can't be arrested or charged with a crime. **Please keep your eyes and ears open and report concerns to your DSL**

For further information or guidance, on any of the topics covered in this newsletter or any Safeguarding concerns please contact a member of your academy safeguarding Team.